

REGISTRATION FORM

FEES

Conference fee is \$150 for both days or \$85 per day, per person, paid by credit card or check.

Early bird price is \$130 per person for those registering by May 15, 2009.

Student fee is \$50 per student for both days.

If you are a student, you must enclose a copy of your current student ID for the reduced fee.

PAYMENT

Check enclosed for \$ _____ .
Make check payable to Fairbanks.

Charge
 Visa MasterCard

Account # _____

3-Digit Security Code (on back of card) _____

Expiration Date _____

Cardholder's Name (please print)

Cardholder's Signature

REMITTANCE

Mail payment with registration form to:

Fairbanks
Attention: Sara Hastings
8102 Clearvista Parkway
Indianapolis, IN 46256

You may also fax your registration to 317.806.3867.

Please complete both sides of this form.
You may also register online, obtain directions and parking information at www.fairbankscd.org.

The Susan Li Conference

Research and Evidenced-Based Practice
in Addiction for Adolescents and Adults

How can we understand and motivate people to change?

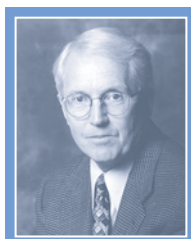
Do you use a strengths-based approach when working with your clients?

What are the facts about underage drinking?

WHEN: Thursday, June 11 and Friday, June 12, 2009

WHERE: Fairbanks Recovery Center
8102A Clearvista Parkway
Indianapolis, IN 46256

TIME: 8 a.m. (Thu.)/8:30 a.m. (Fri.), registration and continental breakfast
9 a.m.-4 p.m., sessions, lunch and breaks



Keynote speaker
Dr. James Prochaska, author of *Changing for Good* and *The Transtheoretical Approach*

Dr. Prochaska is well known for his work as a developer in the stages of change model (Transtheoretical Model). This model has been an important innovation in matching therapeutic interventions to a person's readiness to change unhealthy and self-destructive behaviors. Dr. Prochaska will present a two hour session on helping patients and populations with addictions at each stage of change.

This conference honors Susan N. Li, MSW, LCSW, LMHC, a licensed clinical social worker and mental health therapist with 35 years of clinical and administrative experience in mental health and substance abuse disorders. Susan was recognized for her many contributions to these fields at the 2008 Susan Li Conference luncheon. The Susan Li Conference is made possible via a donation to Fairbanks in honor of Susan's continuing contributions to the field of addiction.

Cut out and return your registration form today.



Fairbanks
Experts in addictions. Focused on recovery.

Co-sponsor:

**INDIANA
WESLEYAN
UNIVERSITY**

The Susan Li Conference

Research and Evidenced-Based Practice
in Addiction for Adolescents and Adults

Treating the disease of addiction calls for knowledge, skill and integration of current research through evidence-based practice. The need for skilled practitioners in the field of addiction treatment and recovery is growing as more people recognize it is a treatable, but not curable, disease. Join Fairbanks for this two day conference and hear experts provide valuable information and research on this important topic.

► June 11-12, 2009

Fairbanks Recovery Center
8102A Clearvista Parkway
Indianapolis, IN 46256

www.fairbankscd.org



8102 Clearvista Parkway
Indianapolis, IN 46256

THURSDAY, JUNE 11, 2009

- ▶ **8-8:30 a.m.**
Registration and continental breakfast
- ▶ **8:30-9 a.m.**
Welcome and overview of the day
Don Osborn, Helene Cross
- ▶ **9-11 a.m.**
Keynote: Helping Patients and Populations with Each Stage of Change
Dr. James Prochaska

James O. Prochaska is the Director of Cancer Prevention Research Center and Professor of Clinical and Health Psychology at the University of Rhode Island. He is the author of over 300 publications, including *Changing for Good, Systems of Psychotherapy and The Transtheoretical Approach*. He is internationally recognized for his work as a developer of the stage model of behavior change. This model has been an important innovation in matching therapeutic interventions to a person's readiness to change unhealthy and self-destructive behaviors.

- ▶ **11-11:30 a.m.**
Questions and Answers
- ▶ **11:30 a.m.-Noon**
Book signing in the lobby
- ▶ **11:45 a.m.-12:30 p.m.**
Box lunches: Opportunity to network
- ▶ **12:30-2:30 p.m.**
Introduction to Motivational Interviewing
Meg Kovacs, MSW, LCSW, Midtown Mental Health Center
Brian Moore, MSW, LCSW, Midtown Mental Health Center

Motivational Interviewing is another evidence-based practice used in all areas of behavioral health. It has great benefit for addiction treatment as well. Learn more about this therapeutic approach to treating clients in varying stages of change. Presenters Meg Kovacs and Brian Moore are both members of Motivational Interviewing Network of Trainers (MINT) and staff trainers at Midtown Mental Health Center.

- ▶ **2:30-2:45 p.m.**
Break

THURSDAY, JUNE 11, continued

- ▶ **2:45-4:15 p.m.**
Using Group Therapy to Facilitate Change
Dr. Doug Daugherty, Ph.D.

Learn about the application of evidenced-based practice in group therapy as it relates to continuing care by incorporating stages of change and motivational interviewing. Dr. Daugherty is a professor at Indiana Wesleyan University.
- ▶ **4:15-4:30 p.m.**
Closing remarks, evaluations and CEUs for day one attendees only.

FRIDAY, JUNE 12, 2009

- ▶ **8:30-9 a.m.**
Registration and continental breakfast
- ▶ **9-10 a.m.**
Invest in a Safe Community: Building a Partnership Between Treatment Providers and Law Enforcement
Honorable Judge Linda Chezem
Elizabeth Matfeld, MS

Underage drinking is a challenge for systems of service and care, communities, families and individuals. This presentation will provide a framework for understanding the full impact of underage drinking. The presenters will share information and strategies to assist the audience in making informed decisions about creating an environment and culture of safety in their community. Focus will be on the involvement of law enforcement, identifying kids at risk and youth peer coaching. Linda Chezem is a professor at Purdue University and adjunct professor at the IU School of Medicine and former consultant to the NIAAA. Elizabeth Matfeld is the Executive Director of the National Liquor Law Enforcement Association in New York and Senior Consultant with Strategic Applications International.
- ▶ **10-10:15 a.m.**
Break
- ▶ **10:15-11 a.m.**
Panel discussion on underage drinking
- ▶ **11 a.m.-Noon**
Indiana Drug Trends
Trooper Tom Egler, Indiana State Police

Hear current information on drug trends in Indiana, including the increase in meth lab activity around the state. Trooper Egler is well versed in this subject as a police officer in the Methamphetamines Suppression Section for the Indiana State Police.

FRIDAY, JUNE 12, continued

- ▶ **Noon-12:45 p.m.**
Lunch
- ▶ **12:45-2 p.m.**
Using Neurobehavioral-Developmental Strategies to Address Core Problems Presented by Substance Use Disordered (SUD) Adolescents
Sig Zielke, D.Min., LCSW, LMHC, FAPA

Substance use disordered adolescents consistently present three core recurring problems that frustrate treatment, recovery support and school success: (1) the propensity to relate to adults and peers through power and control based conflicted interaction; (2) the inability to gain insight and take action in regard to recurring problem behavior and relapse; and, (3) poor performance in personal planning, organization and goal-correction. Recent findings from neurobehavioral, intervention and developmental research are synthesized into neurobehavioral developmental intervention strategies. A distinct strategy will be presented for each core problem. Dr. Zielke is a clinical specialist at Fairbanks and at Hope Academy, the recovery high school at Fairbanks.
- ▶ **2-2:15 p.m.**
Break
- ▶ **2:15-4 p.m.**
The Strengths-based Perspective in Addiction Treatment
Dr. Katti Sneed, PhD, MSW, LCSW, ICACII

The strengths-based perspective has been widely recognized and utilized with many different client populations. However, within the chemical dependency arena, traditional forms of treatment still dominate. The focus of this workshop will be incorporating strengths-based perspective into chemical dependency treatment. Attendees will walk away with practical practice suggestions on incorporating strengths-based techniques into their practice with chemically dependent clients. Katti Sneed is currently an associate professor in Social Work and Addiction Counseling at Indiana Wesleyan University.
- ▶ **4 p.m.**
Closing remarks, evaluations and CEUs for day two or both days.

This session is approved for 12 Continuing Education Units (CEUs) by the Indiana Professional Licensing Agency for social workers, marriage and family therapists and mental health counselors for Category 1 CEUs.

REGISTRATION FORM

Print information as you wish it to appear on your CEU certificate.

Name _____

Address _____

City _____

State _____ Zip _____

Degree or License _____

Daytime Telephone _____

Email _____

If you are a student, you must enclose a copy of your current student ID for the reduced fee.

REGISTER ME FOR:

- Thursday, June 11, 2009
- Friday, June 12, 2009
- Both Thursday and Friday, June 11 and 12

Continental breakfast, lunches and break refreshments are included for each day.

Location: Fairbanks Recovery Center

- I wish to reserve an agency display/booth. Space is available for \$50.
 - Set up is from 7-8 a.m. on June 11 and displays will be taken down at 4 p.m. on June 12.
 - Complete registration information above. Indicate if electricity is needed (there will be 8 spaces with electricity available).
 - Yes, we will need electricity.
- If you require assistance with hearing, vision or mobility to make this program accessible to you, check this box and contact Susan Day at 317.572.9401.

Cut out and return your registration form today.