

Graduate Studies in Counseling

Budd Teare Joins Faculty as Clinic Coordinator and Associate Professor

Upcoming Events

Everett Worthington
January 31, 2009
Marion, IN

Applications of Forgiveness in Clinical Practice

NCE app deadline
January 15, 2009

NCE exam
April 18, 2009

ACA in March

CAPS
April 2-4, 2009
Orlando, FL

AMHCA
July 23-25, 2009
Washington, DC

AAMFT
October 1-4, 2009
Sacramento, CA

"MFT: The Difference that Makes the Difference"

Dr. Budd Teare, a native of Grove City, PA, has been named to the position of Clinic Coordinator for the Graduate Counseling Clinics in both Marion and Indianapolis. These two clinics are training facilities for the Graduate Studies in Counseling program practicum and intern students. Dr. Teare most recently served as the Clinical Counseling Coordinator for the Aldersgate Center at Indiana Wesleyan University undergraduate campus.

Dr. Teare attended Cornerstone University, then known as Baptist College, for his undergraduate studies. He did his Master's work at Nova Southeastern in Ft. Lauderdale, FL. His Ph.D. work was completed at Capella University, Minneapolis, MN.

Born the son of LPNs in the local Osteopathic Hospital, both of Dr. Teare's parents became Christians shortly after his birth. His maternal grandparents were so concerned that they took their newborn grandson to their priest for baptism. Of this experience, Dr. Teare quips: "That was my first experience



Budd Teare

with transgenerational issues in families."

Dr. Teare's doctoral work was entitled: An Investigation of the Child Abuse Reporting Practices and Attitudes of Clergy in the State of Indiana." The study was a look at the clergy in the holiness denominations and their attitudes towards and knowledge of child abuse in Indiana.

Dr. Teare is a licensed Marriage & Family Therapist in Indiana and has been in practice for 30 years. He is also a Certified Critical Incident Debriefer. He holds membership in Psi Chi, the American Counseling Association (ACA), and The International Association of Marriage & Family Therapists (IAMFT). He is also a member of AAMFT and IAMFT.

Dr. Teare is qualified to Counsel in a number of areas. His areas of interest and specialties are

issues related to childhood sexual abuse, sexual addictions recovery, identity development in young adults, and mental health concerns such as stress, depression, trauma, systems interventions, and family resiliency.

As Carl Whittaker once said: "The best tool you take into therapy is yourself." I believe good graduate education is about becoming a good, sharp tool. I look forward to helping develop good, sharp tools.

"Dr. Budd" as he is often affectionately called by his students, is enjoys teaching in the areas of family psychology, abnormal psychology, family and child psychopathology, forensic psychology and family systems counseling and theory. His research interests involve recovery from child abuse and sexual addictions, family resiliency, and critical incident stress and trauma as well as differentiation (p.6)

Introducing...

Addictions Studies Center

In August 2008, Indiana Wesleyan University received notification from the Substance Abuse and Mental Health Services Administration that the university had been awarded a federal grant to initiate the Addictions Studies Center under the direction of Donald Osborn, who has been named the Executive Director. The purpose of the ASC will focus in part on training and research in the field of addictions and addictions counseling. Currently, the ASC is under consideration for a follow-up grant.

Osborn has also noted that the ASC has been selected by Fairbanks Hospital of Indianapolis (IN) to conduct independent research for the facility. The ASC will be



Don Osborn
Executive Director
Addictions Studies Center

conducting outcome research studies on the effectiveness of new treatment methods of the populations for which Fairbanks provides services.

Dr. Doug Daugherty, **(title)**, has been named as the lead consultant. Daugherty will be assisted in the research study by IWU undergraduate and graduate addiction students.

Helene Cross, President and CEO of Fairbanks Hospital, is pleased and excited about the relationship with the ASC and IWU. She is hopeful this liaison between Fairbanks and the university will benefit both clients and related services.

Osborn noted he is proud that the ASC and IWU were selected over other Indiana institutions of high learning to help Fairbanks complete this study.

Department of Education workshop hosted by School Counseling major

Indiana Wesleyan University's school counseling program hosted the local Indiana Department of Education workshop on October 2, 2008. The School Counseling II class took on the challenge to serve as hosts and hostesses for this event.

Nearly 50 participants chose 3 different sessions from the 9

offered. School students were able to network with local school counselors and learn some of the contemporary concerns, issues, and topics of interest in the field of school counseling.

Matt Fleck and Amanda Snobgarber of the DOE expressed gratefulness for the opportunity to meet at IWU's excellent facilities and

noted a desire to continue to do so in the future.

Dr. Judy Justice, School Counseling Coordinator for the Graduate Studies in Counseling program, expressed her appreciation to the university and school counseling students, noting that working at the state level is an excellent opportunity for everyone involved.

Faculty Focus...

Department Chair, **Dr. Mark Gerig**, presented a professional workshop at the 2008 American Mental Health Counselors Association in San Diego, CA entitled *A Comprehensive Model for Mental Health Counseling: Applications for Clinical Practice and Research*. Dr. Gerig's paper entitled "Toward the Development of a Comprehensive Mental Health Counseling Paradigm" was accepted for publication in the *Journal of Mental Health Counseling*. Dr. Gerig was reappointed as a member to the Professional Issues Committee of AMHCA. He was also appointed as Interim President of the Indiana Mental Health Counselors Association. In addition, Dr. Gerig attended two teleconference meetings as a member of the Advisory Board to New Bridge Community Chaplaincy, Sault Ste. Marie (MI). He also has been meeting with the board members of the Christian Association for Psychological Studies and several other Christian Counselor Educators to explore the possibility of developing a subdivision for Counselor Educators and Supervisors. Dr. Gerig is currently working on a revision of his text which has been retitled *Foundations for Clinical Mental Health Counseling: An Introduction to the Profession* (Merrill Prentice Hall). He has also been consulting with Paddock View Residential Center, Inc. to develop a treatment package, evaluation model, and internship site.

Dr. Denita Hudson, Community Counseling Coordinator, and **Dr. Nenetzin Reyes** are beginning a research project in collaboration with Shepherd's Community Center (Indianapolis, IN) entitled, *Building a Foundation for Culturally Sensitive Counseling: A phenomenological study of the perceptions of three African American and Hispanic communities*. The project will include graduate students from both the Marion and Indianapolis campus sites. Collection of data will begin in November 2008 and will continue through the Spring 2009 semester.

Dr. Judith Justice, School Counseling Coordinator, presented at a workshop hosted by IWU for Indiana Department of Education. The topic of her presentation was *Careers: K-12*.

Don Osborn, Addictions Counseling Coordinator, is currently serving as President-elect of the National Association of Alcohol and Drug Abuse Counselors (NAADAC). Mr. Osborn is also currently doing Ph.D. work in the area of Counselor Education and Supervision at Indiana State University.

Dr. Barbara Riggs, Marriage & Family Coordinator, continues to collect data for her research project on client resiliency. She will be presenting part of the Resiliency Study at the Christian Association of Psychological Studies (CAPS) conference in Orlando (FL) in April 2009 along with student Felicia Snell. Dr. Riggs has also accepted an invitation to teach Theories and Techniques in Counseling at Manila Bible Seminary in the Philippines in May 2009.

Dr. Nenetzin Reyes, and Dr. Richard S. Wampler presented at the 2008 AAMFT National Conference in Memphis, TN. The title of their poster presentation was *Addressing Culture in Therapy: A multiple case study*. Dr. Reyes also presented at the 2008 Latino Behavioral Health Summit in Fort Wayne, IN. The title of her presentation for this conference was *Putting Cultural Research into Practice: Understanding and overcoming barriers in serving the Hispanic community*.



Conference Update...

AAMFT Memphis

Marriage and Family Therapy students from both the Marion and Indianapolis campuses had the opportunity to attend the 2008 American Association for Marriage and Family Therapy Annual Conference in Memphis, TN. Following an extended eight and one-half hour drive and plenty of time for “bonding,” students eagerly looked forward to four days of learning.

“The conference was a fun experience—it always is,” said Flora Chandler, native New Yorker. “It gives you the ability to get to know your professors and peers better, along with networking with other professionals in the field from all over the country. Then, of course,” she added, “there is the learning about different, new theories, techniques, and ideas to use with your clients. It was a great way to recharge my creativity.” When asked about what learning was of most benefit, Chandler replied, “My favorite session was on how to use experiential play therapy with families. I enjoyed it because it gave me some additional ideas to use with families, but it was also reassuring to know that I had been doing play therapy correctly. It just helped to enlarge my tool box.”

Student Sarah Warren said of her experience, “Overall, I thought it was a good conference. It was a great chance to learn about family therapy, how others are doing it, and what is currently doing on in the field.” Warren, who will graduate with a Counseling degree major in Marriage and Family Therapy from IWU at the December 2008 ceremony, went on to say, “The conference was also a fun chance to meet with other students and therapists and discuss different perspectives of counseling. I would say there were two sessions that really stuck out to me as my favorites. The first was called Using Play Activities in Family Therapy with Children. It was a great refresher of play therapy



Pictured above are students & staff who attended the 2008 AAMFT conference: Front row: Sarah Warren, Ginny Tackett, and Heidi Oliver. Second row: Ethan Davis, baby Aaden Miller, Joni Byrd, Monica Erk, Dr. Budd Teare, Dr. Nenetzin Reyes, Hannah Hughes, Emily Voelker and (), Flora Chandler, Shanna Conner, and Amanda Whitten. Back row: Scott Sluder and Gary Martens.

techniques,” she said, “but also went into detail on a lot of activities that can be used in session. I walked away with a great list of activities that I am excited to use, and felt like the seminar really helped to give me some ideas about how to better work with families and children.”

Warren concluded by saying, “My other favorite was the session on Finding Ethical Solutions in Cross-Cultural Work. This session involved a lot of group discussion surrounding the idea of taking family therapy overseas and making it work in different environments. It was really interesting to look at areas of therapy that work well, and ways that some parts of therapy need to be changed to fit with other cultures.”

Plan on joining us October 1-4, 2009 in Sacramento, CA as we learn about “MFT: The Difference that Makes the Difference.” Abstract submission deadline is December 9, 2008.

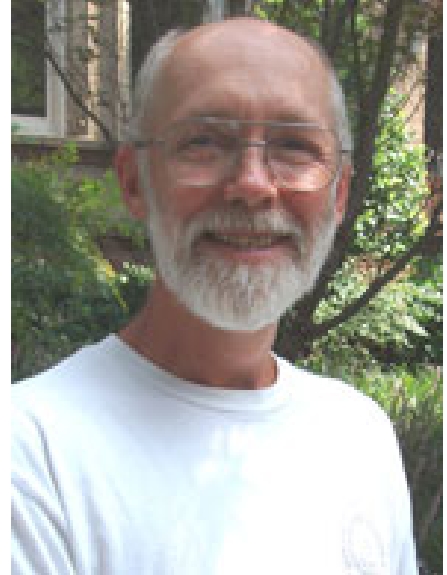
Graduate Counseling is pleased to Announce...

Dr. Everett Worthington

The Graduate Studies in Counseling Program is pleased to announce that Dr. Everett Worthington will be spending **Friday, January 31, 2009** at the Marion campus. Through the generosity of an anonymous donor, the CNS program is sponsoring several events for the day.

Dr. Worthington has been referred to by Martin Seligman, former APA president and founder of Positive Psychology, as the worlds' foremost expert on the topic of forgiveness. He will be the speaker at the Indiana Wesleyan University student chapel. Dr. Worthington will meet with both Graduate Counseling and Undergraduate Behavioral Science students and faculty for lunch. An afternoon professional workshop will be offered to IWU and community mental health professionals from 2:00—5:00pm. He will present on the topic of ***Applications of Forgiveness in Clinical Practice***.

Additional information will be forthcoming. For further information, please contact Dr. Mark Gerig at 765/677-2195 or mark.gerig@indwes.edu.



Bookstore Offers Excellent Service to Students

The Indiana Wesleyan University Bookstore continues to provide graduate students with excellent textbook service. Whether you access the Bookstore online or on campus, you will find great service, competitive prices, daily buy-back, and the Campus Marketplace.

The Bookstore seeks to provide students with quality service both in-store and online. Here are several ways in which they are able to do so:

- * Online orders placed at www.iwubookstore.com are guaranteed to ship within 24 hours.
- * Textbooks shipped are guaranteed to be the correct edition/package.
- * Full returns, with receipts, are accepted within 48

The IWU Bookstore is committed to providing competitive pricing on textbooks. They strive to provide as many "used" books as possible. Used books are at least 25% less than new books. Many new books are discounted (trade-books used as textbooks) by 15% off the publishers suggested retail price. The bookstore also works with publishers to lower the cost on new textbooks as well.

Buy-back is available in-store and online—daily. The IWU Bookstore also conducts a buy-back at the end of each semester which pays 50% of the new retail price for any textbook that is used for the next consecutive semester and for which the Bookstore has a need. On-site buy-backs are scheduled periodically at the Indianapolis West location.

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Gerigs express thanks

On behalf of my entire family, I want to express our sincere thanks to the faculty, staff, and students of the Graduate Studies in Counseling Program for the outpouring of support we experienced as we grieved the loss of my father. God clearly responded to your

prayers throughout his brief illness, and Dad was able to die in peace, comfort, and relatively no pain. The plants, flowers, and cards were sources of comfort for us during this time. It is wonderful to be a part of such a caring community. Thank you! —The Gerigs

Department Responds to 2009 CACREP Standards

After more than two years of discussion and three drafts, the Council for the Accreditation of Counseling and Related Educations Programs (CACREP) has passed the 2009 Standards for accreditation. These become the criteria that the Graduate Studies in Counseling program must demonstrate at the next site visit for accreditation renewal.

The department has already acted in response to the revised standards. In previous standards, CACREP differentiated between Community Counseling and Mental Health Counseling specializations. The 2009 standards have done away with this distinction by combining them with the new title *Clinical Mental Health Counseling*. At a recent departmental meeting, the motion was passed to change the name of our Community Counseling specialization to Clinical Mental Health Counseling. This change becomes Effective for the 2009-2010 academic year.

Changes in the standards go much deeper.

Emergency preparedness and response criteria are embedded in all specialization criteria. Increased detail in the knowledge and skills for Clinical Mental Health Counseling points toward the addition of one of two courses to our existing curriculum. Finally, CACREP continued the trend of seeking to strengthen professional identity by mandating that, beginning with 2013, all new faculty hires must demonstrate doctoral training in a Counselor Education program.

For additional information on the 2009 CACREP Standards, contact Dr. Denita Hudson or Dr. Mark Gerig.

Teare (*continued*)

of self issues, and separation issues for the young adult student. He began his counseling career as a house parent in a residential treatment center and felt the frustration of working only to change the child without family intervention. He eventually attended the Family Institute of Chicago and became "hooked" on the family systems approach to therapy. "I loved learning how family systems work and how I could help the family thrive instead of giving one member a pathology.

Bookstore (*continued*)

The IWU Bookstore offers Campus Marketplace which is a consignment program that allows the student to sell his/her textbook to another student through the IWU Bookstore. The student lists the price, and when his/her book sells, the Bookstore will pay the student cash or send a check.

Tara Davis, IWU Bookstore Textbook Manager, is always available to help students. If you have questions, need help with the Bookstore website, have questions about buy-back or Campus Marketplace, feel free to email the Bookstore at iwubooks-tore@indwes.edu or call at 765/677-2210.