



Newsletter

Members Present Research at Annual Convention

Every year several chapters of Chi Sigma Iota submit research proposals in hopes that they will be selected to present at the annual American Counseling Association convention. This year our chapter was one of over a hundred schools that submitted a proposal and one of thirteen invited to give a poster presentation.

On March 26, 2008, Dr. Denita Hudson (faculty advisor); Sarah Warren (President); Jennifer Ricci (Vice-President); and Flora Chandler (Secretary/Treasurer) left from the Indianapolis airport headed for their Wednesday through Monday trip to Honolulu, Hawaii--the site of this year's conference. Upon arrival they spent a day relaxing prior to the conference's start, which included swimming, sightseeing, and shopping.

The conference itself was a time of great enrichment and professional networking. The students attended several workshops on a variety of topics from experiential techniques, such as metaphors and music, to multicultural counseling. The executive committee also attended the annual CSI business meeting on Friday. Here they discussed ways to motivate members and encourage more involvement in their chapters, campuses, and communities.



This year's ACA convention was held in Honolulu, Hawaii.

The poster presentation was on Saturday. Members presented data retrieved via surveys from graduate counseling students across the country. Three hundred and fifty-three students participated in the study, 313 from CACREP accredited programs. The survey asked questions on the student's perceptions concerning the relationship between the quality of their educational program and their professors' licensure, participation in practice, and involvement in professional organizations. The results revealed that both masters and doctoral counseling students highly appreciate a

strong professional identity in their faculty members.

The presentation was met with great approval from their peers, other faculty, Chi Sigma Iota representatives, and other professionals attending the convention. The presenters were even approached several times about submitting their research findings for journal publication. They plan to make some final calculations and work on the article over the summer. The trip was a much appreciated opportunity for reflection, networking, and a way for the students to take a step toward forming their own professional identities.

*Volume 1, Issue 1
April 2008*

Spring 2008 Inductees:

Tamara Boggs

Cathy Broadnax

Jonathan Burg

Katheryn Cherry

Linda Clutz

Shanna Conner

Betsy Durham

Timothy Garner

Lauren Hanger

Rhonda Hershberger

Aaron Kent

Heidi Oliver

Da'Kisha Parker

Felicia Snell

Kara Snyder

Rhonda Wulf

The Story of You

Imagine it's a bright sunny day. There is a cool breeze blowing and you know today is your day. There is something different about today, something special. You are sure of it. You walk to get the mail and notice your step seems lighter. Your mood is better than it's been in a while, "What is it about today?" you wonder aloud. As you begin to flip through the mail, you see an envelope; it's similar to others in the bunch, yet different. Nothing unusual about the color but it does have a unique emblem in the left hand corner. You think, "This is important". You carefully open the outer covering, slow, not to tear its contents. You pull out the letter and gasp as you read it. You knew it, today is special. Your heart pounds, you begin to sweat, a

wide smile comes across your face. Finally, you think, someone has recognized how hard you have worked, the sacrifices you have made, the stress and pressure you have put on yourself, your family, and friends. Finally someone says great job!

The letter invites you to join an organization with members who have become leaders in the field of counseling, current and past Presidents of ACA and its divisions. An elite group which only extends invitations to the top students in counseling programs – that's right, students like you. You decide to accept the invite, pay the dues, and pledge to be the best student, the best person, and the best counselor you can be. So congratulations you are now

an official member of the Chi Sigma Iota, Iota Omega Upsilon (IOU) chapter. Guess what? The story doesn't end here...there's more.

Here is your chance to continue the story by getting involved. Becoming a member is only the first chapter of being recognized for your hard work and dedication. There is so much more to do. We need you.

When I say you, I don't mean your name added to the list of members, or the money you pay for dues, I mean the real you; your skills, wisdom and time. It seems that once you become a member we lose you. Getting our members to participate has been difficult, but it's not too late to get involved. Here are a few reasons why you should:

IOU has been a very active chapter; we have won national awards for presentations, our website and our newsletter. We actively attend ACA and are well known throughout the International society. We are service oriented, constantly looking for ways to serve God, the community, the profession, the school and you. There are scholarships available through CSI, grant opportunities and a national CSI day held every year at ACA, which allows for the exchanging of ideas, networking and meeting other students in counseling programs from across the nation. You can also earn money to be used at any conference of your choice, if you actively participate in certain chapter activities. So, you can be the person whose story ends the moment you receive your certificate and pin or you can be the member who agrees to make time to attend a CSI sponsored event, chair a committee, or even run for an office. It is our hope we can write the next chapter together.



*Chi Sigma Iota Members, Inductees, and Families
are invited to attend the annual*



Chi Sigma Iota Induction Ceremony and Luncheon

Saturday April 26, 2008

11:00 am

Room 109 of the AQS Building



Please R.S.V.P. to warren.sarah@yahoo.com.

*The Ceremony should be completed by noon to accommodate other graduation ceremonies.

CSI Sponsors Christmas Party and Fall Inductions

On Friday, December 7th, Chi Sigma Iota sponsored an induction ceremony and Christmas party for the Graduate Counseling Department. The party began at the AGS Building where Olive Asbury and Megan Gilmore were inducted as the newest members of Iota Omega Upsilon. From there, professors, students and their spouses participated in a

progressive dinner that took them to various student houses for appetizers, the main course, and a white elephant gift exchange before heading to Dr. Reyes' house for dessert. Thanks to all those who participated and made the Christmas party a lot of fun!



Don't Forget to Vote for '08-'09 Officers

It's time to elect your new leaders for Chi Sigma Iota! CSI is holding our yearly elections for the 2008-2009 CSI-IOU council. CSI members can go online and vote at <http://FreeOnlineSurveys.com/rendersurvey.asp?sid=qs5b9luc9lw52r1424336>. All voting should be completed by Wednesday, April 23rd.

Nominees:

President: Jennifer Ricci

Vice President: Heidi Oliver

Secretary/Treasurer: Jodi Bontreger

Mentor Director: Rhonda Hershberger

MFI Representative: Shanna Conner

School Representative: Betsy Durham

Community Representative: Lauren Hanger

A Great Year for the IOU Mentorship Program

The Mentorship Program of Iota Omega Upsilon exists to connect first-year students with second-year students to aid in the process of orientating the first-year student to the graduate counseling program. The mentoring program is a great way to experience community, receive valuable information, find support and grow together with fellow

classmates and colleagues.

This past year IOU joined 5 first-year students with mentors and saw great success. One mentor commented, "It was so nice to pass along information that I wish I had known when I first started out." The mentoring program is a great opportunity and one officers hope in the

future will become a building block to the foundation of a program committed to excellence and professional growth. If interested in being involved in this program for Fall 2008, look for further information from the CSI council this summer!

A bit of humor...

Savage Chickens

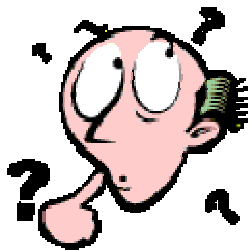
by Doug Savage



Check out our website:

www.csi-iou.com

After just a few years of marriage filled with constant arguments, a young man and his wife decided the only way to save their marriage was to try counseling.



They had been at each other's throats for some time and felt that this was their last straw. When they arrived at the counselor's office, the counselor jumped right in and opened the floor for

discussion. "What seems to be the problem?" Immediately, the husband held his long face down without anything to say. In contrast, the wife began talking 90 miles an hour, describing all the wrongs within their marriage. After 15 minutes of listening to the wife, the counselor went over to her, picked her up by her shoulders, kissed

her passionately and sat her back down. Afterwards, the wife sat speechless. The marriage counselor looked over at the husband, who stared in disbelief. The counselor said to the husband, "Your wife needs that at least twice a week." The husband scratched his head and replied, "I can have her here on Tuesdays and Thursdays."

If you would like to contribute to a future issue, please submit your article to: csi-iou@csi-iou.com.